Your abdominal pain, aching joints, fatigue, headaches, diarrhea, anxiety, or even depression could equally well reflect several conditions—Crohn’s disease, ulcerative colitis, rheumatoid arthritis, type 1 diabetes, eczema, and heart disease, to name just a few! This can make diagnosis and treatment difficult.

When the cause of symptoms is unknown, a “one-size-fits-all” approach to treatment (e.g., anti-inflammatory medications, antibiotics) may bring temporary relief, but before you know it the symptoms return and you are back to square one. This can put you on a never-ending merry-go-round of medications and procedures, without any real promise of a cure. In fact, the root cause of many seemingly unrelated chronic health complaints may be discovered by simple tests that assess the health of the gastrointestinal tract. This could mean an end to your persistent symptoms, once and for all!

Find Relief From Your Symptoms With the Salveo Diagnostics® Gut Health Assessment

Salveo Diagnostics® has created a streamlined program which incorporates scientifically supported tests, along with an easy-to-follow lab report, to help you and your doctor more effectively tackle the underlying cause of your chronic condition and restore you (and your gut) to a state of good health.

To discover more about how Salveo Diagnostics® can help you find the relief you’ve been yearning for, start a conversation and restore you (and your gut) to a state of good health.

GUT FACTS

10 - 100 trillion
• Intestinal microorganisms contain trillions of micro-organisms (mostly bacteria, and collectively called the “gut microbiota” or “flora”) that help regulate our immune systems, digest our food, make vitamins, and protect us from toxins and pathogens. The gut lining, or single-cell thick “intestinal mucosa,” forms a barrier that allows nutrients from digested food to enter the bloodstream but keeps bacteria, toxins, and undigested food out.

Certain triggers (e.g., poor diet, imbalanced gut flora, or certain medications) can cause inflammation and increased intestinal permeability (“leakiness”) to foreign substances. This is an important and overlooked cause of many chronic diseases, as outlined below.1,7

• Autoimmune Diseases

Increased intestinal permeability can cause the immune system to overreact to foreign substances that leak through, creating inflammation in various tissues, e.g., the joints (rheumatoid arthritis), skin (eczema or psoriasis), and pancreas (type 1 diabetes).

• Irritable Bowel Syndrome

Uncovering the root cause of chronic abdominal pain, constipation, diarrhea, and bloating, whether it be hypersensitivity to certain foods or inflammation due to a bacterial infection, is the first step toward finding permanent relief.

• Anxiety & Depression

The state of our gut flora has a major influence on our state of mind, affecting our ability to handle stress.2 Stress hormones such as cortisol can in turn cause gut inflammation, nutrient deficiencies, and metabolic disturbances that may directly affect the nervous system.3

• Hormone Imbalances, Obesity, & Type 2 Diabetes

Feeling rundown, with weight loss or gain, is often the result of gut inflammation. Excess dietary sugar, exposure to toxic chemicals, imbalanced gut flora, and stress may all contribute. Hormones important for regulating thyroid function, energy levels, and blood sugar are all affected by gut health.4

• Ulcerative Colitis and Crohn’s Disease

In genetically susceptible individuals, the immune system may overreact to certain triggers in the gut (e.g., bacteria, foods, medications, or stress) leading to periods of severe inflammation and abdominal pain, with increased intestinal permeability and diarrhea.5

References